

Transformation-weekend with sound healing

26-27-28 january 2024

A weekend of self-encounter - Your identity is at the forefront

**Who am I - My place - Profession - Love - Relationship - Recurring events - Addiction -
Family ties - Feeling - Contact – Heart opening - Understanding - Vision**

From the very beginning of our lives, we experience situations that we cannot process emotionally. At this moment, a survival mechanism is set in motion and a part of our psyche separates from this moment, it fragments. So we live in oblivion within the walls of this **self/ego** that is constantly surviving.

This **ego**, with the help of a lot of stress and strength, builds its own special reality, which we live every day.

And what if this confused **ego** has not been formed by our own life experiences?

With the help of this simple method, self-built and acquired illusions/realities become visible.

Shattering seemingly deeply-rooted beliefs, in order to experience the true self, brings new potential and priceless life force.

This method has little to do with the usual family constellations, please bear this in mind.



Sound-Healing, what would you feel when your self is being touched by the sound of the soul? Please do not await a usual form of Sound-Healing. It is through the sounds of my voice that energy transmissions take place. We are going to high level of light, and everyone can receive the drop of god needed.

During the weekend, you will have the opportunity to choose between Family Constellation and Contact Constellation. **Family constellation** have the property of bringing harmony in your life. **Contact Constellation** are aimed at eliminating identity corruption.

Sound healing will accompany the constellations when needed on all days. There will be an extra sound healing meditation on **Friday evening**, which is also open to those who are not taking part in the constellation weekend.

The weekend takes place at the **Holland Babaji Ashram** with full board. This gives the opportunity to attend the daily practices of the ashram, a great support to ground the energies.

Place: Ashram Sada Shiva Dham, Vrijenbergweg 60, 7371 AB Loenen (Gld), Nederland.
+31(0)55 505 2871

Schedule: Arrival Friday 4 pm. to 6 pm.
Friday: 7 pm to 8 pm Sound-Healing
Saturday 9 am Start, end around 6 pm / Sunday: 9:30 am start, end around 6 pm
Ashram program: Saturday 6 am Silent fire ceremony, 7 am and 7 pm Arati
Sunday Arati 6:30 am fire ceremony, 8 am and 7 pm Arati

Price: All weekend 165€ / Sound Healing only 30€
Costs for full board in the ashram: 70€ / night

Places limited to 12 persons // languages : English, German, French

With Aymeric, www.aymeric.live
Registration and info : +49 (0)17622683552
signal | telegram | whatsapp